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Urban ninja warrior lexington ky

Lexington ky ninja gym. Urban ninja lexington ky.

Started in Chicago back in '13, the Urban Ninja Project was initially all about taking obstacle courses on-the-go and adding some movement workshops to boot! Fast forward to '14, we opened up shop in Lexington, KY, making it our first public location where people could come and take classes, have birthday parties, or even participate in those crazy obstacle course races. At Ultimate Ninja Athletics, the goal is simple: get people moving, playing, and pushing themselves with fun, safe, and just a tad bit competitive fitness environments that are open to anyone - all ages, shapes, and sizes welcome! As it so happens, our owner's got some serious ninja skills himself; this guy's been in the game for almost 30 years now. But what really sets us apart is our instructor team and top-notch equipment. Safety always comes first with us. We're not just about building strength or confidence - we're about helping you grow both on AND off our course. And with bigger courses, there's more room to really show off your ninja skills! Our owner, Brendan Kelly (that's Guinness World Record holder right there), is all about providing unique and top-notch instruction during his classes. He's got the experience and passion to make sure each of our ninjas leaves here feeling like a total boss. We're not just about being the biggest or most robust - we're about helping people find their inner ninja! So, sign up for that newsletter and get ready for some serious ninja action in your inbox! Fantastic experiences abound at Ultimate Ninja for kids of all ages! The staff, led by the exceptional Brendan, are always kind, patient, and encouraging, making it a perfect spot for young ones to learn new skills or simply burn off energy. Birthday parties here are also an absolute hit, with easy setup and a fun atmosphere that's enjoyable for both kids and adults alike. We had an absolute blast conquering the course at Ultimate Ninja Warrior Lex! Even for adults with a kid-at-heart, this place is a ton of fun! Our daughter loved her party here, and we couldn't be happier with the experience. Brendon does an excellent job, and our kid's confidence, agility, and balance all improved thanks to his classes. We highly recommend Ultimate Ninja! They had an absolute blast at Ultimate Ninja, making it a memorable experience for everyone involved, from the kids to the adults. The open gym sessions for the little ones were a huge hit, with even the 3-year-old getting in on the fun, and the equipment was top-notch, giving everyone a real ninja warrior feel. The birthday party packages, especially the Spider-Man encounter, were a major highlight, with the kids (and even some adults!) having a fantastic time. The owner's enthusiasm and expertise in guiding them through the obstacles added to the excitement. It was clear that this place is perfect for any age group, from 6-year-olds to teenagers and beyond. What truly stood out, though, was the incredible kindness and hospitality of the owner. He went above and beyond, making sure everyone had an amazing time, even when they showed up unexpectedly during non-open hours. His humility and generosity made a lasting impression on those who visited Ultimate Ninja, and it's no wonder this place is highly recommended for birthday parties or simply a fun day out. Ultimate Ninja is the perfect spot for kids' birthday parties. The facility is clean, and the owner, Brendan, is super helpful and nice. The website makes it easy to book a party, and they have a great selection of obstacles for the kids to enjoy. They also offer massage chairs for adults to relax in while waiting, which is a lovely touch. However, some people might find it odd that there's no bar on site. The staff at Ultimate Ninja are fantastic with kids, creating a fun and supportive environment for them to explore and learn. Many parents have raved about their experiences, praising the facility's cleanliness and Brendan's exceptional leadership skills. If you're looking for a spot to get some exercise or hold a birthday party, Ultimate Ninja is definitely worth checking out! We had an absolute blast at Ultimate Ninja! The kids were completely enthralled by the obstacles and the friendly staff made everything super easy for us parents. Brendan, the owner, was especially wonderful with our little ones, showing them around and offering guidance without being too pushy. Brendan's enthusiasm is infectious - he genuinely loves his job, and it shows! The facility itself is top-notch, clean, and well-maintained. We were able to have a fantastic birthday party here for my child, and the kids had an amazing time running around, playing, and learning new skills. Ultimate Ninja is definitely our go-to spot for any future events or personal training sessions - highly recommend it to anyone of all ages! Lookin for a secreit spot to get a sweat on in Lexington, Kentucky? I've got just the place, straight down here!